




JUNE 2012




WEEK - 1	BREAKFAST: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE	LUNCH: MILK VEGETABLE AND /OR FRUIT BREAD OR ALTERNATIVE MEAT OR ALTERNATIVE	SNACK: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE
MONDAY	Pop tart Milk Orange Slices	Goulash (ground beef, tomatoes, catsup, noodles) Green Beans Fruit Cocktail Milk	Broccoli #1 Low Fat Dip Pretzels #2 
TUESDAY	Banana Bread Apple Slice Milk	Tacos (tortilla, ground beef, black beans, cheese, lettuce, tomato) Spanish Rice (taco seasoning, corn) Refried beans Pears Milk	Cheese Slice Grapes#1 Saltine Crackers
WEDNESDAY	Waffles Mixed Fruit Milk	Hamburger on Bun Lima Beans Fruity Jello (jell with fruit cocktail) Pickles Milk	Orange Juice Granola Bar #2
THURSDAY	Biscuits Jelly Apricots#1 Milk	Fish Nuggets Mix Vegetables Applesauce Bread & Butter Milk	Goldfish Crackers Watermelon
FRIDAY	Blueberry Muffin Oranges Milk 	Tuna Salad sandwich/w tomato& shredded lettuce Peas Sweet Potato Fries Milk	Rice Krispie Treat#2 Apple Slices 

INFANT & TODDLER SUBSTITUTIONS:

1.= Oranges

2.=Graham Crackers



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WEEK - 2	BREAKFAST: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE	LUNCH: MILK VEGETABLE AND /OR FRUIT BREAD OR ALTERNATIVE MEAT OR ALTERNATIVE	SNACK: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE
MONDAY	Cold Cereal Apple Slices Milk	Pizza Burger Broccoli in cheese sauce Carrot Salad Bread & butter Milk	Fresh baked chocolate chip cookies Milk
TUESDAY	Donut Orange Slices Milk	Tuna Noodle Casserole w/ green peas Spinach Peaches Bread & butter Milk	Goldfish Crackers Apple Juice 
WEDNESDAY	Toast w/Jelly Apricots#1 Milk 	Vegetable Beef Soup Turkey & Cheese Sandwiches Cucumber Slices w/ Ranch Dressing Milk	Ritz crackers Cheese cubes Apple Juice
THURSDAY	Oatmeal Banana Milk	Beef Stroganoff (ground beef & noodles) Green Peas Mandarin Oranges Milk	Soft pretzels Pineapple Juice
FRIDAY	Toasted English muffin w/jelly Apple Slice Milk 	Chicken stir fry (chicken, rice, stir fry vegetables) Lettuce Salad #2 Pineapple Tidbits Bread & butter Milk	Bread sticks w/marinara sauce Orange pineapple juice

INFANT & TODDLER SUBSTITUTIONS:

- 1.= Oranges
- 2.=Green Beans

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WEEK - 3	BREAKFAST: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE	LUNCH: MILK VEGETABLE AND /OR FRUIT BREAD OR ALTERNATIVE MEAT OR ALTERNATIVE	SNACK: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE
MONDAY	Toasted raisin bread Peaches Milk 	Barbecue meatballs Mashed potatoes Green beans Bread & butter Milk	Vanilla Wafers Milk
TUESDAY	Cold Cereal Orange Slices Milk	Sloppy Joe on Bun Fries Corn on cob Milk	Graham Crackers Grape Juice
WEDNESDAY	French Toast Sticks Apple Slices Milk	Chicken Drumstick Green beans Potato salad Bread & butter Milk	Blueberry Muffin Apple Juice
THURSDAY	English Muffin w/Jelly Chunky fruit Milk	Spaghetti & Meat Balls Green Beans Spinach Salad Garlic bread Milk	Animal Crackers Grapes #1
FRIDAY	Pancakes Peaches Milk	Fish sticks w/Tarter sauce Pasta salad (with diced cheese & green peas) Lima beans Bread & butter Milk	Chex Mix #2 Apple Slices 

INFANTS & TODDLER SUBSTITUTIONS:

- 1.=Oranges
- 2.=Cheerios

JUNE 2012





WEEK - 4	BREAKFAST: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE	LUNCH: MILK VEGETABLE AND /OR FRUIT BREAD OR ALTERNATIVE MEAT OR ALTERNATIVE	SNACK: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE
MONDAY	Waffles Applesauce Milk	Scalloped potatoes w/ turkey ham Succotash Pineapple tidbits Bread & butter MILK	Apple Juice Teddy Grahams
TUESDAY	Biscuit Pineapple Tidbits Milk	Chicken Pot Pie w/ biscuit topping Glazed carrots Green Beans Pears Milk	Bread Sticks Pizza Sauce Orange Slices
WEDNESDAY	Pancakes Peaches Milk	Mexican Layer Casserole (ground beef, beans, & cheese) Mandarin Oranges Flour Tortilla Tomato Wedges Milk	Ritz Crackers & Cheese Cubes #1 Apple Slices
THURSDAY	Cinnamon Roll Applesauce Milk	Chicken Pasta Salad (chicken, ranch dressing, noodles) Spinach Salad Mixed Fruit Milk	Banana Bread Grape Juice
FRIDAY	Cinnamon Raisin Bread Orange Slices Milk	Meatballs w/Gravy Mashed Potatoes Green Beans Bread & butter Milk	Goldfish Crackers Apple Slice



INFANTS & TODDLERS SUBSTITUTIONS

1.= Eliminate cheese cubes

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WEEK - 5 	BREAKFAST: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE	LUNCH: MILK VEGETABLE AND /OR FRUIT BREAD OR ALTERNATIVE MEAT OR ALTERNATIVE	SNACK: MILK VEGETABLE OR FRUIT BREAD OR ALTERNATIVE
MONDAY	Biscuit with Jelly Apricots #1 Milk	Bean & Cheese Burrito Green Beans Spanish Rice (rice, taco seasoning, corn) Milk	Corn Muffin Grape Juice 
TUESDAY	Oatmeal Apple Wedges Milk	Chicken Patty on Bun Lima Beans Tomato wedges Pears Milk	Graham Crackers Pineapple Juice
WEDNESDAY	Corn Flakes Orange Milk	Chicken Pasta Casserole Green peas Zucchini & cucumber salad Milk	Teddy Grahams Apple Juice
THURSDAY	English Muffins Applesauce Milk	Fish Squares & Tartar Sauce Broccoli & cauliflower Peaches Bread & Butter Milk	Vanilla Wafers Milk
FRIDAY	Raisin Toast Mixed Fruit Milk 	Maid Rite w/Bun Baked Beans Carrot Salad#2 Milk	Cookies Apple Slices 

INFANTS & TODDLERS SUBSTITUTIONS

1.= Apple sauce

2.=Applesauce